

Two-fold increased risk of cardiovascular events in people with multidrug-resistant HIV: data from the PRESTIGIO Registry

T. Clemente^{1,2}, S. Diotallevi², D. Minisci³, A. Di Biagio⁴, R. Lolatto², L. Attala⁵, G. Cenderello⁶, A. Siribelli^{1,2}, C. Muccini^{1,2}, S. Lo Caputo⁷, M. Tavio⁸, R. Papaioannu Borjesson^{1,2}, A. Giacomelli⁹, A. Castagna^{1,2}, V. Spagnuolo²

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¹Vita-Salute San Raffaele University, Milan, Italy; ²Infectious Diseases, IRCCS San Raffaele Scientific Institute, Milan, Italy; ³University Department of Infectious and Tropical Diseases, University of Brescia and ASST Spedali Civili, Brescia, Italy; ⁴Unit of Infectious Diseases, IRCCS Ospedale Policlinico San Martino, Genoa, Italy; ⁵Infectious Diseases Unit, Santa Maria Annunziata Hospital, Bagno a Ripoli, Italy; ⁶Infectious Disease Unit, Sanremo Hospital, Sanremo, Italy; ⁷Clinic of Infectious Diseases, Department of Clinical and Surgical Sciences, University of Foggia, Foggia, Italy; ⁸Infective Diseases, AOU Ospedali Riuniti, Ancona, Italy; ⁹III Division of Infectious Diseases, ASST Fatebenefratelli Sacco, Luigi Sacco Hospital, Milan, Italy

Introduction

- Major adverse cardiovascular events (MACEs) may contribute to the high morbidity in people with 4-class drug-resistant HIV (4DR-PWH) [1].
- Aim of this study was to explore the probability of MACEs in 4DR-PWH compared with non-4DR controls.

Study design

- Retrospective, propensity score-matched cohort study on 4DR- (cases) and non-4DR-PWH (controls), on antiretroviral therapy (ART), without previous MACEs.
- Cases were individuals with 4DR HIV from the PRESTIGIO Registry with ≥ 1 matched control [2].
- Controls were individuals who never developed resistance to >2 drug classes and were matched to cases in a 4:1 ratio for age (± 3 years), sex-assigned-at-birth, and ART duration (± 3 years).
- An index date [baseline (BL)] was assigned to each case and control: for cases, this was the date of first evidence of 4-class drug resistance; for controls, this was the index date of the corresponding case.

Table 2. Cox time-dependent multivariable analysis for first MACE

| Characteristics | Category | Adjusted HR of first MACE (95%CI) | p |
|---------------------------|-------------------------------------|-----------------------------------|--------------|
| 4DR status | Yes vs no | 1.8 (1.0-3.3) | 0.039 |
| Age (time-dependent) | Per 5-year higher | 1.2 (1.0-1.4) | 0.054 |
| Sex-assigned-at-birth | Male vs female | 2.2 (0.9-5.0) | 0.070 |
| HIV load (time-dependent) | ≥ 50 vs <50 copies/mL | 2.2 (1.2-3.9) | 0.011 |
| CD4+ nadir | Per 100-cell/mm ³ higher | 1.0 (0.9-1.1) | 0.956 |
| BL smoking habit | Yes vs no | 1.7 (1.0-3.0) | 0.070 |
| BL diabetes mellitus | Yes vs no | 2.1 (1.2-4.0) | 0.015 |
| BL dyslipidaemia | Yes vs no | 2.0 (1.0-3.9) | 0.037 |
| BL chronic kidney disease | Yes vs no | 2.5 (0.8-7.8) | 0.101 |
| BL HCV serostatus | Positive vs negative | 1.8 (1.1-3.1) | 0.030 |

Conclusions

- In PWH, multidrug resistance is significantly associated with a higher incidence and risk of cardiovascular events.
- Prompt implementation of prevention strategies is mandatory in this fragile population.

Contact Information

Tommaso Clemente, MD
Vita-Salute San Raffaele University, Milan, Italy
Infectious Diseases, IRCCS San Raffaele Scientific Institute, Milan, Italy
phone: +39 0226437907; e-mail: clemente.tommaso@hsr.it

Methods

- The primary outcome was the probability of first MACE (cardiovascular death, myocardial infarction, unstable angina, stroke, transient ischemic attack, peripheral arterial ischemia, or revascularization).
- Poisson regression modelled incidence rates (IRs), 95% confidence intervals (95%CIs), and incidence rate ratios (IRRs); follow-up accrued from BL until last visit (censoring date: 12th April, 2024).
- Kaplan-Meier curves estimated cumulative probabilities of first MACE, compared using log-rank test. Predictors of first MACE assessed by multivariable stepwise Cox model, including fixed (at BL) and time-dependent covariates (with univariable p<0.100). Follow-up accrued from BL until first event or last visit.

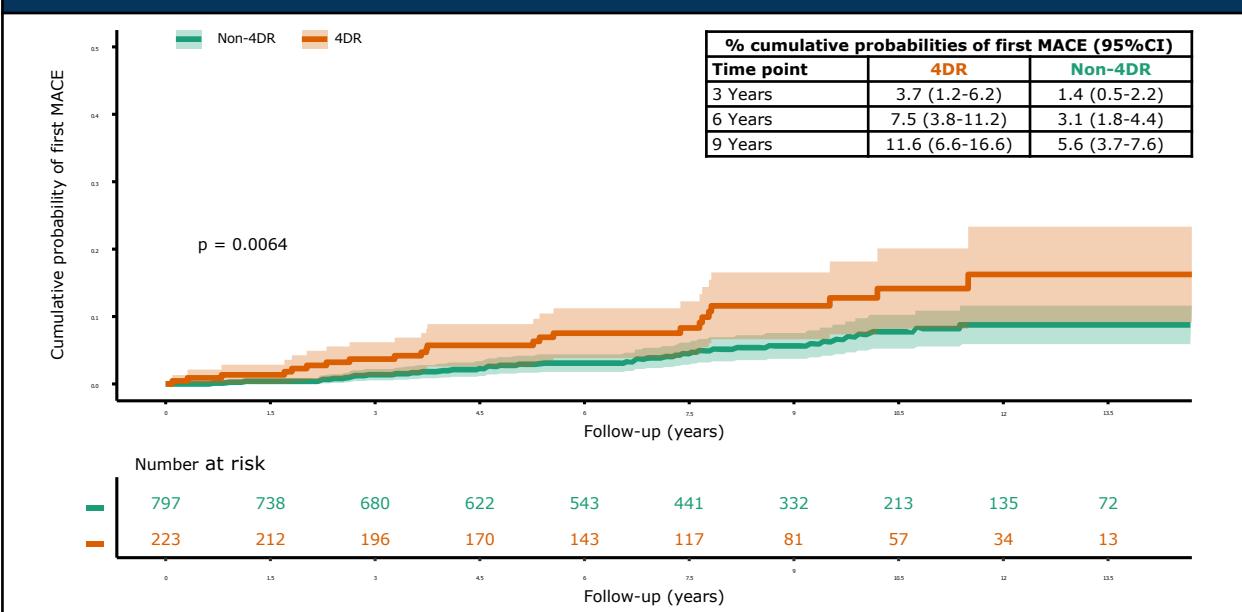
Results

- Overall, 223 4DR- and 797 non-4DR-PWH included (Table 1).
- During a median follow-up of 8.2 (interquartile range=5.4-11.1) years [1833 person-years-of-follow-up (PY)], 23/223 (10.3%) 4DR-PWH developed 29 incident MACEs: IR=1.6 (95%CI=1.1-2.3)/100 PY.
- During a median follow-up of 8.4 (5.2-11.0) years (6450 PY), 42/797 (5.3%) non-4DR controls developed 45 incident MACEs: IR=0.7 (95%CI=0.5-0.9)/100 PY; IRR (4DR/non-4DR)=2.3 (95%CI=1.4-3.6); p<0.001.
- Cumulative probabilities of first incident MACE were higher in 4DR- compared to non-4DR-PWH (Figure 1).
- After adjusting for confounders, a higher risk of MACEs was associated with 4DR status (Table 2).

Table 1. Characteristics of 4DR- and non-4DR-PWH included in the analysis.

| | Overall (n=1020) | 4DR-PWH (n=223) | Non-4DR-PWH (n=797) | p |
|--|------------------|------------------|---------------------|------------------|
| Age at BL (years) | 50.1 (45.4-54.5) | 50.0 (44.4-54.9) | 50.3 (45.6-54.5) | 0.590 |
| Male sex-assigned-at-birth | 754 (73.9%) | 163 (73.1%) | 591 (74.2%) | 0.816 |
| ART duration at BL (years) | 17.8 (14.5-21.3) | 18.2 (14.5-21.2) | 17.7 (14.5-21.3) | 0.517 |
| BL HIV load (copies/mL) | <20 (<1-85) | 1512 (133-19802) | <1 (<1-39) | <0.001 |
| BL CD4+/CD8+ ratio | 0.64 (0.39-0.97) | 0.37 (0.21-0.62) | 0.71 (0.46-1.04) | <0.001 |
| CD4+ T-cell nadir (cells/mm ³) | 188 (74-307) | 96 (23-187) | 216 (102-333) | <0.001 |
| Current or former smoking at BL | 653 (64.0%) | 136 (61.0%) | 517 (64.9%) | 0.323 |
| BL diabetes mellitus | 101 (9.9%) | 17 (7.6%) | 84 (10.5%) | 0.245 |
| BL arterial hypertension | 228 (22.4%) | 44 (19.7%) | 184 (23.1%) | 0.331 |
| BL dyslipidaemia | 694 (68.0%) | 148 (66.4%) | 546 (68.5%) | 0.600 |
| BL chronic kidney disease | 51 (5.0%) | 10 (4.5%) | 41 (5.1%) | 0.816 |
| Positive HCV serostatus at BL | 391 (38.3%) | 71 (31.8%) | 320 (40.2%) | 0.029 |
| Positive HBsAg at BL | 73 (7.2%) | 15 (6.7%) | 58 (7.3%) | 0.871 |

Figure 1. Kaplan-Meier curves for probabilities of the first MACE in 4DR- (orange line) and non-4DR-PWH (green line).



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