

# Durability of doravirine containing regimens in people with HIV in real-life settings in the ANRS CO3 - AQUIVIH-NA cohort

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## BACKGROUND

- Since 2019, people living with HIV (PWH) in France have had access to doravirine (DOR), a once-daily non-nucleoside reverse transcriptase inhibitor (NNRTI). DOR is commonly used in combination with other antiretroviral drugs to maintain viral suppression.
- Although clinical trials have shown promising results, real-life data on DOR containing regimen in PWH with suppressed (sRNA) and unsuppressed (usRNA) HIV RNA at the time of treatment switch remain limited, particularly with regard to long-term efficacy, tolerability and persistence.

## METHODS

- The **ANRS-CO3 - Aquivih-NA cohort** is an open, prospective hospital-based cohort of adults (≥18 years), followed in 15 hospitals in the Nouvelle Aquitaine region of south-west France. Since 1987, it has been collecting epidemiological, clinical, biological and therapeutic data from the medical records of consenting.
- We conducted a retrospective analysis to evaluate in PWH included in the cohort the persistence of the switch to DORcr between 2019/04/01 and 2022/12/31 with the following criteria:
  - First DOR initiation
  - Documented HIV-1 viral load (VL) for at least 12 months prior switching.
  - Documented CD4 count for at least 24 months prior switching.
- Virological failure (VF) was defined by one HIV-1 RNA >1000 cp/ml VL or two consecutive HIV RNA >50 cp/ml VL and <1000 cp/ml VL during the follow-up period.

## RESULTS

- At switch time, **541** PWH had received at least one time DOR (Table 1) :
  - ✓ 466 with suppressed HIVRNA (sRNA),
    - median age was 52.8 years, 34.5% were women, 23% at AIDS stage, median BMI was 25.8 and median CD4 count was 720/mm<sup>3</sup> [IQR: 530-949].
  - ✓ 75 unsuppressed HIVRNA (usRNA), including 6 naive;
    - median age was 53.1 years, 30.7% were women, 16% were at AIDS stage, median BMI was 24.8 and median CD4 count was 525/mm<sup>3</sup> [IQR: 277-947], median HIV viral load was 205 cp/mL [IQR: 84-5774].

**Table 1. Baseline characteristics of patients switching to DOR**

Characteristics	usRNA N=75	sRNA N=466	Total N=541
Age (in years), Median (IQR)	53.1 (45.2;60.3)	52.8 (44.2;59.4)	52.9 (44.3;59.5)
Sex, Female (%)	23 (30.7)	161 (34.5)	184 (34.0)
Contamination group, n (%)			
Homo/bisexual	30 (40.0)	189 (40.6)	219 (40.5)
Heterosexuals	32 (42.7)	200 (42.9)	232 (42.9)
IV drug users	8 (10.7)	43 (9.2)	51 (9.4)
Other	5 (6.7)	34 (7.3)	39 (7.2)
Time from first positive serology (in years), Median (IQR)	19.2 (8.6;26.5)	18.6 (9.8;28.7)	18.8 (9.7;28.4)
AIDS stage of infection, n (%)	12 (16.0)	107 (23.0)	119 (22.0)
BMI (kg.m <sup>-2</sup> ), Median (IQR)	24.8 (21.2;27.9)	25.8 (23.2;29.3)	25.6 (22.9;29.3)
Origin of birth, n (%)			
France	51 (68.0)	331 (71.0)	382 (70.6)
Sub-Saharan Africa	16 (21.3)	98 (21.0)	114 (21.1)
CD4 count (cells/mm <sup>3</sup> ), Median (IQR)	525 (277;947)	720 (530;949)	705 (485;947)
HIV VL (copies/mL), Median (IQR)	205 (84;5774)	0 (0;20)	20 (0;36)
Nb of previous treatment lines, Median (IQR)	6.0 (2.0;10.0)	5.0 (3.0;9.0)	5.0 (3.0;9.0)
Previous VF, n (%)			
0	16 (21.3)	267 (57.3)	283 (52.3)
1	17 (22.7)	70 (15.0)	87 (16.1)
≥ 2	42 (56.0)	129 (27.7)	171 (31.6)
HCV co-infection* (anti-HCV+ or RNA+), n (%)	14 (20.0)	75 (17.0)	89 (17.4)
HBV co-infection* (HbsAg+ or DNA+), n (%)	6 (8.8)	27 (6.4)	33 (6.7)
Co-prescription of statins, n (%)	10 (13.3)	92 (19.7)	102 (18.9)
Co-prescription of anti-DM treatments, n (%)	2 (2.7)	42 (9.0)	44 (8.1)
Co-prescription of antihypertensive treatments, n (%)	26 (34.7)	125 (26.8)	151 (27.9)
Cardiovascular event** (CV), n (%)	13 (17.3)	67 (14.4)	80 (14.8)
Myocardial infarction** (CV-MI), n (%)	5 (6.7)	39 (8.4)	44 (8.1)
CNS vascular event** (CV-CNS), n (%)	4 (5.3)	18 (3.9)	22 (4.1)
Peripheral vascular event** (CV-PV), n(%)	7 (9.3)	32 (6.9)	39 (7.2)
Chronic renal failure** (CKD), n	5 (8.8)	54 (14.3)	59 (13.6)
Diabetes mellitus** (DM), n (%)	7 (9.3)	69 (14.8)	76 (14.0)
Hypertension** (HTA), n (%)	40 (71.4)	211 (58.4)	251 (60.2)
Osteoporosis** (OS), n (%)	1 (1.3)	34 (7.3)	35 (6.5)
Cancer** (Ca), n (%)	10 (13.3)	74 (15.9)	84 (15.5)
Number of comorbidities, n (%)	54	356	410
0	12 (22.2)	109 (30.6)	121 (29.5)
1	23 (42.6)	114 (32.0)	137 (33.4)
2	12 (22.2)	73 (20.5)	85 (20.7)
≥ 3	7 (13.0)	60 (16.9)	67 (16.4)

\*The HBV and HCV and also the comorbidities CKD and HTA have some missing data so the % isn't on the 541(466/75) patients.  
\*\*The comorbidities are obtain by diagnosis or for some of them : CV-MI : treatment by bypass surgery or angioplasty; CV-PV : treatment by endarterectomy; CKD : 2 consecutive eGFR<60 measurement; DM : 2 consecutive blood glucose ≥7mmol/L or 1 ≥11mmol/L or antidiabetic treatment; HTA : 2 consecutive SBP≥140mmHg and/or DBP ≥90mmHg or antihypertensive therapy; OS : Bone T-score ≤ -2.5

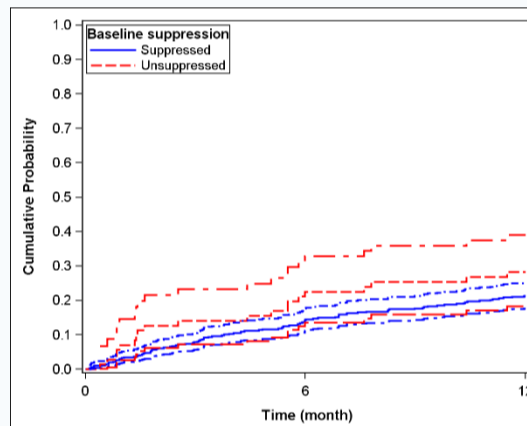
- The most frequent treatment prior switch were regimens containing 42.1% TAF and 19.8% DTG with the most frequent reasons for switching to DORcr were simplification or drug reducing 31.8% (22.8% in usRNA and 33.3% in sRNA); Non optimal treatment 27.8% (21.5% in usRNA and 28.9% in sRNA) and avoid side effects 27.1% (10.1% in usRNA and 30.0% in sRNA). - *data not show.*

**Table 2. Main reason of DOR discontinuation**

Characteristics	usRNA N=75	sRNA N=466	Total N=541
<b>Reason of discontinuation at 12 months, n (%)*</b>	21	97	118
Any side-effects	2 (9.5)	34 (35.1)	36 (30.5)
Physician choice / drug reducing	7 (33.3)	17 (17.5)	24 (20.3)
Patient choice	5 (23.8)	17 (17.5)	22 (18.6)
Non-optimal treatment	2 (9.5)	13 (13.4)	15 (12.7)
Virological failure	4 (19.0)	3 (3.1)	7 (5.9)
Pregnancy or desire	0 (0.0)	6 (6.2)	6 (5.1)
Death	1 (4.8)	4 (4.1)	5 (4.2)
Others	0 (0.0)	3 (3.1)	3 (2.5)

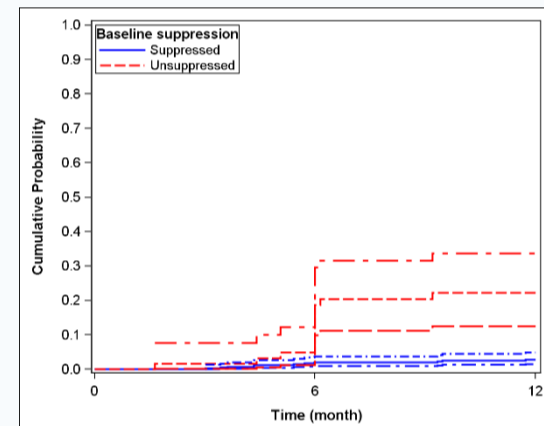
\* Over the 541 (466sRNA / 75usRNA) patients 116 have discontinued DOR at 12M but 2 of them (1 sRNA and 1 usRNA) have 2 reasons of discontinuation. That's why there is 118 (97sRNA / 21usRNA) reasons of discontinuation.

- At 12 months, 118 PWH discontinued DOR including 97 sRNA and 21 usRNA:
  - Any side-effects: 30.5% (sRNA: 35.1% / usRNA 9.5%), including:
    - neurological toxicity: 7.6% (sRNA: 9.3% / usRNA 0.0%);
    - general sign: 5.9% (sRNA: 7.2% / usRNA 0.0%);
    - digestive toxicity: 5.9% (sRNA: 7.2% / usRNA 0.0%);
  - Physician's choice / drug reducing: 20.3% (sRNA: 17.5% / usRNA 33.3%);
  - Patient's choice: 18.6% (sRNA: 17.5% / usRNA 23.8%);



**Figure 1. Risk curve of DOR discontinuation**

- The cumulative probability of DOR discontinuation at 12 month (Fig 1) was:
  - 22.3% [CI : 18.8-25.9%] at M12;
    - 21.3% [CI : 17.7-25.2%] in sRNA
    - 28.2% [CI : 18.3-39.0%] in usRNA (included 2 of 6 naïve)



**Figure 2. Risk curve of VF in PWH switching to DOR**

- The cumulative probability of DOR VF at 12 months (Fig 2) was:
  - 5.3% [CI : 3.5-7.7%] at M12;
    - 2.8% [CI : 1.5-4.8%] in sRNA
    - 22.3% [CI : 12.6-33.7%] in usRNA

**Table 3. Incidence under DOR of comorbidities 12 months after switching to DOR**

Comorbidities*	usRNA		sRNA		Total	
	Incidence density per 1000 PY	CI 95%	Incidence density per 1000 PY	CI 95%	Incidence density per 1000 PY	CI 95%
Chronic kidney disease	25.7	[3.6 ; 182.2]	11.2	[3.6 ; 34.8]	13.0	[4.9 ; 34.8]
Diabetes mellitus	.	.	18.4	[8.2 ; 40.9]	15.9	[7.1 ; 35.4]
Cardiovascular event	21.4	[3.0 ; 152.1]	6.0	[1.5 ; 24.1]	7.9	[2.6 ; 24.6]
Myocardial infarction	18.8	[2.6 ; 133.4]	2.8	[0.4 ; 19.9]	4.9	[1.2 ; 19.5]
CNS vascular event	.	.	2.7	[0.4 ; 19.0]	2.3	[0.3 ; 16.6]
Peripheral vascular event	.	.	5.5	[1.4 ; 22.2]	4.8	[1.2 ; 19.4]
Hypertension	82.1	[11.6 ; 582.9]	100.7	[57.2 ; 177.3]	99.0	[57.5 ; 170.4]
Osteoporosis	18.1	[2.5 ; 128.2]	2.8	[0.4 ; 19.6]	4.8	[1.2 ; 19.2]
Cancer	.	.	15.3	[6.4 ; 36.7]	13.2	[5.5 ; 31.8]

\* The description of comorbidities is under table 1 and if no new comorbidities appear in the 12 months following the switch, the incidence is not calculated.

- The incidence of comorbidities during the 12 months following switch to DOR did not appear to differ between the PWH usRNA and sRNA populations.
- The highest incidence was for the development of arterial hypertension 99.0 [CI : 57.5-170.4] with 100.7 [CI : 57.2-177.3] and 82.1 [11.6-582.9] respectively for sRNA and usRNA.

## CONCLUSION

- The risk of discontinuation of DOR at 12 months was substantially the same for PWH sRNA and usRNA at the time of switch with: 21.3% [CI: 17.7-25.2%] for sRNA and 28.2% [CI: 18.3-39.0] for usRNA.
- The most frequent reason of discontinuation was side-effects followed by physician's choice/drug reducing.
- The risk of VF under DOR at 12M was different between sRNA: 2.8% [CI: 1.5-4.8%] and usRNA: 22.3% [CI: 12.6-33.7%].
- We observe no difference between comorbidities incidence under DOR in sRNA and usRNA during the 12 month following switch to DOR.